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September 2015

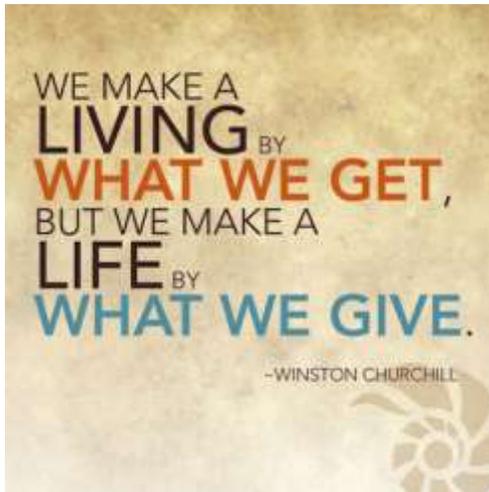
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FOCUS: The Power of VOLUNTEERING

Ten years ago this Labor Day weekend, I watched the devastating news on television about Hurricane Katrina. It's hard to believe that was ten years ago because the memory of that weekend and the weeks following are etched so clearly in my mind.

With winds of 127 MPH many of us could not believe the horror and fear in the eyes of the people of New Orleans as the hurricane broke through a defective levee system flooding 4/5 of the city.

Watching people on rooftops, hoping to escape from their flooded homes and crying out for help consumed me that weekend. For those who could reach the Louisiana Superdome the conditions were deplorable and the place was not fit for human beings. That this was all happening in our country, not some far off land, was mind-blowing to me and many others.



While financial donations were pouring in throughout that weekend and beyond, I realized writing a check to a first-responder agency was not enough for me. I immediately contacted the American Red Cross and took part in enough specific training that I was able to deploy to Louisiana for two weeks of volunteer service. Once there I interviewed and assisted families to get

them immediate resources so that they could begin to rebuild their lives.

Ten years later there is still much work to be done there, though there has been a great deal of rebuilding. There were 1,400 people who lost their lives and thousands more who lost their livelihoods and their homes. The experience of helping others in need was a very powerful one for me; it got me out of "me" and quickly over to



"them" - what did *they* need, how could I be of service to *them*, and how could I help reduce *their* pain and discomfort.

I write this today not to take any accolades as there

SPECIAL OFFER:

Need Help Kick-Starting This Fall?

I have 3 openings for Free Rescue Sessions! This is a 30-minute phone coaching call, with one-on-one time with Sue.

The calls are available for Tuesday, September 29, at:

- 7:00 p.m.
- 7:30 p.m.
- 8:00 p.m.

There is only room for three people who are ready to get on with the life they imagine and deserve.



The first 3 people to email Sue will receive the calls. Send an email to Sue@SueCrum.com and put in the Subject Line: "Please contact me about Free September 29 Rescue Session."

UPCOMING PUBLIC EVENTS:

Clear Your Home of Clutter!

were thousands of volunteers working throughout this disaster and who continue to do great work for first-responder agencies all the time. Rather, I want all of us to take a pause from our busy, hectic lives for a moment and think about others. To give to those in need it isn't necessary to leave the area or your state.

Think about what places are there in your community that could use some help: your local school, a nearby library, a senior center or a hospital, to name just a few. Often, we think we need to wait until our calendars are completely blank or everything in our lives is all tidied up, but the truth is, that rarely happens.

Just for a few minutes sit still and think about some who are less fortunate than you. Do you have a few hours each month to share your talents and skills?

Do you love to read? Share your love of reading with a child by becoming a tutor. Ask at your local library or school how you can help.

If you are in the San Diego area, check with John Dunicliff, Tutor Coordinator for OASIS, and ask him how you can become a trained tutor. Call him at 760.796.6020.



FUN, FAMILY & FRIENDS



Fun can come in many forms. So often we think fun has to be something costly or going somewhere that's expensive. Sometimes it's the simple pleasures that really are the most enjoyable. It's really about "getting in the zone" or a state of "flow" where we lose track of time, and get out of our head and more in our heart.

Put some "fun" in your calendar this month so that you have something enjoyable to look forward to doing. For me, fun is being out in nature enjoying the gift of the day, walking my dog, seeing a sunset, reading a great book, speaking to organizations or helping my clients.

What is some fun you can plan for September?

One of my most fun activities is volunteering 2-3 times a month in a second grade class. Seeing the world through seven and eight-year-olds feeds my soul and makes my heart sing.

What does that do for you?

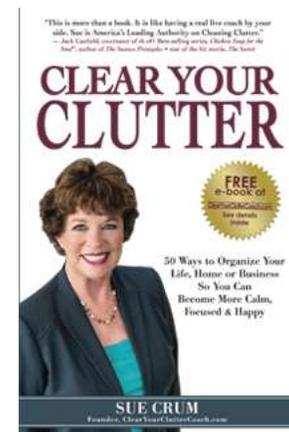
Wednesday, September 30
2:00 - 4:00 p.m.
OASIS - Escondido Senior Center
Cost: \$9

[Click here for more information and to register - Enter 704 in Search box for class description.](#)

I love speaking to groups. If your organization, association or company is looking for a motivational speaker to inspire your audience to better productivity and improved focus, contact me at 760.803.2786 or Sue@SueCrum.com.

CLEAR YOUR CLUTTER:

I am so excited that my book reached #1 International Best Seller and #1 Hottest New Releases!!



Autographed copies of *Clear Your Clutter: 50 Ways to Organize Your Life, Home or Business So You Can Become More Calm, Focused & Happy* are available on my website at www.SueCrum.com.

Just \$19.99, includes tax, shipping and handling. Click [here](#) to order.

Let me know at Sue@SueCrum.com. I love hearing from you!

Sue Crum

Speaker, Coach, Author



America's Leading Authority on Clearing Clutter

760.803.2786

SueCrum.com

ClearYourClutterCoach.com

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**I work with busy people who want to be more successful,
make better use of time and space, and get organized for good!**

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FAVORITE QUOTES OF THE MONTH:

"I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do." - Edward Everett Hale

"Help one another; there's no time like the present and no present like the time." - James Durst

