



March 2015

### FOCUS: The Power of MOVEMENT

Are you marching toward your BEST YEAR YET? We are still in the first quarter of 2015 so there is plenty of time to "right the boat" and start steering in the direction of your dreams! But I'm not talking about movement or busyness just for the sake of activity. I'm talking about creating a **clear direction** and pathway for the rest of 2015.

Look around at your work and home environments. Are they clogged up with projects not completed, files not put away, or just plain too much stuff? Now is a perfect time to address that stuff (or clutter) and either assign a home for the items or release them to the universe. By taking action and **moving** toward spaces with more breathing room, it will be much easier for you to focus and concentrate on the important, and let go of what's not important.

Change up the energy in your world of work or home and let's all get **MOO-ving** this March!!

- M** – Make a plan.
- O** – Out with the old, the tired, and the expired.
- O** – Organize the keepers and assign them specific homes where they can live!

If your home is in tip-top shape, take a look at your office space. If your office is a calm, peaceful place of productivity, look at your home environment.

No time to do this, you say?

Set a timer for 30 minutes of uninterrupted time and see what you can find in your environments that you are no longer using or need. What could you release to the universe (by donating) so that others could benefit from things you aren't using?

Put on some dancing music – and

Get MOO-ving!!

It's TIME to **get out of our cars**, off our couches and get MOVING toward wide-open spaces and plenty of breathing room!!

Very little movement:



Visit My Website - [www.SueCrum.com](http://www.SueCrum.com)

"Like" me on [Facebook!](#)

### UPCOMING PUBLIC EVENTS:

#### *Write Now! Radio Interview Replay*

You can listen in to my interview with Write Now! Radio. They will be replaying it on **Thursday, March 5**, at 11:00 a.m. Pacific Time. On that day and time, click [here](#) to listen in via the Web, or call in to 714.464.4891.

#### *Book Signing*

**Saturday, March 14**  
2:00 - 4:00 p.m.  
[Coronado Public Library](#)  
**Cost:** Free!

#### *Declutter Your Life, Part 1*

**Wednesday, March 18**  
1:30 - 3:30 p.m.  
Oasis - North County Escondido Senior Center  
**Cost:** \$10

Click [here](#) for more information and to register and enter class #718.

#### *SPRING into Action!*

**Saturday, March 21**



Breathing space and rapid ordering:



I love to hear from my readers how they are becoming more productive with less clutter. Please send me any before and after photos or any of your comments about how clearing clutter has made YOU more productive and focused. You can send them to [Sue@SueCrum.com](mailto:Sue@SueCrum.com). You just might be featured in a future eTips newsletter, if you'd like!!

### NEED HELP GETTING YOUR 2015 SUCCESS ACTION PLAN MOVING?

The **SPRING into Action** event would be perfect for you!! This one-day seminar will have you creating a vision for 2015, identifying specific goals of action and helping you focus on developing specifics for **YOUR BEST YEAR EVER!**

**DATE:** Saturday, March 21

**TIME:** 9:30 a.m. - 3:30 p.m. (lunch on your own; restaurants within walking distance)

**LOCATION:** [Holiday Inn Express - The Bernardo Room](#)

17065 W. Bernardo Road, San Diego, CA 92127

**INVESTMENT:** \$97 by March 8 (Early Bird registration price)

\$147 by March 20 (regular price)

Click [here](#) to register or learn more.



Learn how YOU can have the best year yet!! Guaranteed to get you moving toward a Great 2015!! FREE prizes throughout the day!! **You** don't want to miss this. Here's what folks said who attended this event earlier this year:

*"Well organized. Very informative."*

9:30 a.m. - 3:30 p.m.

[Holiday Inn Express](#)

17065 W. Bernardo

Road, San Diego

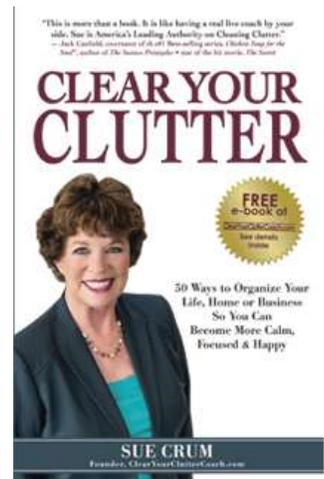
**Cost:** \$97 Early Bird registration price; \$147 regular price

Click [here](#) for more information and to register.

*I love speaking to groups. If your organization, association or company is looking for a motivational speaker to inspire your audience to better productivity and improved focus, contact me at 760.803.2786 or [Sue@SueCrum.com](mailto:Sue@SueCrum.com).*

### CLEAR YOUR CLUTTER:

**I am so excited that my book reached #1 International Best Seller and #1 Hottest New Releases!!**



Autographed copies of *Clear Your Clutter: 50 Ways to Organize Your Life, Home or*

*Fun. Good handouts and exercises.”*

*“Great seminar. Very helpful and informative. Looking forward to using the tools provided.”*

*“Great event!!! Enjoyed doing it.”*

## **FUN, FAMILY & FRIENDS**

How can you get MOO-ving this month for fun or with family and friends?

As many of you know I love to ski and have been doing such since I left cold, flat Illinois for sunny Southern California many moons ago!! The irony is not lost on me about becoming a downhill skier AFTER running away from the ice, the freezing and the wild winds of Chicago!

I followed sorority sister Sue to Southern California, and when she told me the first thing I had to do was get up on the mountains and learn to ski, I almost turned around and drove back the 2,015 miles!! But...I didn't.

Over the years I actually learned how to ski and found such beauty and peacefulness in the mountains. Last month my handsome and helpful husband and I went to the site of the 2010 Olympics – Whistler, Canada, – for a ski trip. When I saw the cool sign that read “CAN-SKI” I thought, that's me!! I feel blessed to keep skiing and doing something so enjoyable and with family!



### **What can YOU do this month to get Moving?**

A walk around the block, a bike ride, jogging in the park, taking a Yoga class, swimming laps at the gym, attending Zumba, going for a hike, racquetball, signing up and training for a half-marathon, scheduling time for an exercise DVD a couple of times a week, OR putting on dancing music and moo-ving your piles out for more smiles?

Whatever you can do to move will give you more energy to make MARCH MARVELOUS!!

*Business So You Can Become More Calm, Focused & Happy* are now available on my website at [www.SueCrum.com](http://www.SueCrum.com).

Just \$19.99, includes tax, shipping and handling. Click [here](#) to order.

If you don't want an autographed copy, or you'd like the Kindle version, click [here](#).

## **FAVORITE QUOTES OF THE MONTH:**

**“Take action! An inch of movement will bring you closer to your goals than a mile of intention.”** – Steve Maraboli

**“In the process of letting go you will lose many things from the past, but you will find yourself.”** – Deepak Chopra

**“Don't dwell on what went wrong. Instead, focus on what to do next. Spend your energy moving forward together towards an answer.”** – Denis Waitley

**“There is no standing still because time is moving forward.”** – Greg Lake

**“Every day do at least one thing that scares you.”** - Eleanor Roosevelt  
AND Sue Crum



*Sue Crum*

**Speaker, Professional Organizing Coach and Author of Clear Your Clutter  
50 Ways to Organize your Life, Home or Business  
So You Can Become More Calm, Focused & Happy**

**760.803.2786**

**I help busy people turn their house into a home, make better use of time  
and space and get organized for good.**

["Clear Your Clutter" on Amazon.com](#)

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