



Visit My Website - www.theREDteam.com

December 2014

FOCUS: The Power of REFLECTION

It's hard to believe another year is drawing to a close. The older one gets the faster the time goes. I hope 2014 was good to you and that the dreams you had last January have come to fruition some time during the year. Hindsight, unfortunately, is always 20/20, and sometimes our best dreams and plans get interrupted by life's daily happenings and realities.

By the end of this year we should be a bit wiser, a little older, and a tad closer to our biggest dreams. Take time at the beginning of this month for some internal reflection. This can best be accomplished by writing some notes in a journal. Nothing fancy needed – even a steno notebook will do. Just you, pen and paper. Time to ask the hard questions: Did I accomplish my big goals for 2014? If not, why not? Did these dreams even get a start? If so, congratulate yourself on that and reflect back as to why they didn't reach completion.

Now is the time to set up some systems for success going forward. What were the obstacles and the distractions? Were these preventable or not? What can you do now so that you are ready when the ball drops on New Year's Eve to kick-start 2015 into high actionable steps of massive achievement? What things, behaviors or activities (or perhaps even people) are you able to let go of which impeded your progress to getting you to the life you imagine and deserve? Those are the things to write down now, just for your eyes.

VISION 2015 SEMINAR:



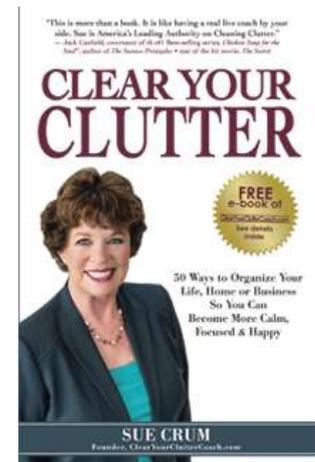
Get Ready, Get Focused, Get Going.

Take time for you to get clear on your dreams and goals for 2015. Come ready to roll up your sleeves, clear up the cobwebs in your head, and create a specific pathway for achieving all that you've imagined and deserve for the New Year.

This will be a fun-filled day where each participant will leave with a specific plan of action for the year, S.M.A.R.T. goals outlined, and a special vision board unique to that person's passion and purpose.

JUST IN TIME FOR THE HOLIDAYS:

My new book could make the perfect stocking stuffer for those you love.



[Order your AUTOGRAPHED COPIES of Clear Your Clutter: 50 Ways to Organize Your Life, Home or Business So You Can Become More Calm, Focused & Happy!](#)

[Just \\$19.97, includes tax, shipping and handling. **Click Here to Order**](#)

GIFT CERTIFICATES:

Invest **Gifts of Time** for you or a loved one. Decide now that getting organized and/or clear of your goals is the best gift. Email or call Sue to decide the best organizing or coaching package for the New Year. Sue@suecrum.com or 760.803.2786

Monday, Jan. 19

9:30 a.m. – 3:00 p.m. (lunch on your own)

[Coco's Encinitas](#)

Investment:

***Early Bird Special: \$97, between Dec. 6 and Dec. 31.**

***Regular Price: \$147, between Jan. 1-16.**

[Click here to register.](#)



FUN, FAMILY & FRIENDS: Make it stress-free holiday time

The holiday season can become very stressful for many of us and for a variety of reasons. Some of us get very melancholy about family members and friends who are no longer with us. Others of us think we need to have the perfect holiday experience for our family and take on way more tasks than is humanly (SUE - DID YOU WANT HUMANLY HERE?) possible. Then when the holidays do arrive we find ourselves barely standing and too sick to enjoy them.

Tips for Success:

1. Let go of perfection and think about letting go and delegating tasks.
2. Meet with family members and ask what activities are essential to them; then let go of the rest.
3. Start early. Start early. Start early. There are only so many days available in the calendar at the end of the year. Using a calendar, identify those special events for your family. Then backward-map the tasks at hand, writing everything down.
4. If you haven't shopped for gifts throughout the year, not to worry. "Gifts of Time" are really the ones that most people remember and cherish: dinner and a play, dinner and a movie, board game get-together, car ride outing, sports activity with others, lunch date, bagel breakfast, etc.
5. Looking ahead to 2015 think what would be a gift of time a family member may enjoy: an afternoon together, meal delivery service, rolls of stamps and notecards, or something homemade that they would enjoy.
6. If you plan to venture out, work to stay out of the malls and away from the crowds by looking at the hours stores are open and going either first thing or right before they close. Shop local when you can and build a relationship with your local businesses.
7. Let your fingers do the walking – order presents online and save gas and aggravation by having the items sent.
8. Keep lists of sizes, colors and interests of people on your gift list.
9. Put all receipts in an envelope as you receive them or have them emailed to you.
10. Relax and enjoy each experience fully so that it will leave an imprint on your memory.



UPCOMING PUBLIC EVENTS:

Book Signing

Thursday, Jan. 15
5 - 7 p.m.

[Bay Books](#), Coronado
Cost: Free

Clear Your Clutter: Ready, Set - Get Organized

**Thursdays, Jan. 8 and
Jan. 15 (2-part
seminar)**

10:00 a.m. - 12 noon
Poway Adult School
Cost: \$39

Click [here](#) for more information and to register.

Ready, Set, Go - Get Organized, Part 1

Wednesday, Jan. 14
12 noon - 1:00 p.m.
Davis Family YMCA,
8881 Dallas St., La
Mesa

Call 619.464.9622 for more information and to register.

If you would like me to provide one of my presentations for your group, association or company, please contact me at 760.803.2786 or Sue@SueCrum.com.

FAVORITE QUOTES OF THE MONTH:

“Without reflection, we go blindly on our way, creating more unintended consequences, and failing to achieve anything useful.”

– Margaret J. Wheatley

“There are three methods to gaining wisdom. The first is reflection, which is the highest. The second is limitation, which is the easiest. The third is experience, which is the bitterest.” – Confucius

“Follow effective action with quiet reflection. From the quiet reflection will come even more effective action.” – Peter Drucker



Sue Crum

Speaker, Professional Organizing Coach and Author of Clear Your Clutter
50 Ways to Organize your Life, Home or Business
So You Can Become More Calm, Focused & Happy

760.803.2786

I help busy people turn their house into a home, make better use of time and space and get organized for good.

["Clear Your Clutter" on Amazon.com](#)

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