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August 2015

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## **FOCUS: The Power of WEEDING**

It all started when I thought I needed to get more hangers for my closet.

For some reason, all of a sudden there seemed to be a major shortage of hangers to be found. As I was starting to create a list of what else was needed before I went out into the world, I stopped myself...

And remembered what I had said to one of my wonderful clients (A.M.) earlier in July; of course, ALL of my clients are wonderful! On that particular day she and I had been attacking paper piles, and whittling them away. As I was leaving I said to A.M. if you can schedule some time this coming week, it would be great to set up a "weeding time" on your calendar and attack one or two of the file drawers in your home office.

I went on to explain that just like great gardeners need to weed their gardens from time to time so that the flowers and plants have breathing room, all of us need to give our files some room to breathe and declutter what no longer serves us.

I stood at my closet entrance and thought: I bet all the hangers I need are in here being used for items I no longer wear. Without a major closet overhaul I hired myself for the morning, worked quickly and pulled out tops and bottoms I had not worn in a very long time. The better garments got set aside to drop off at a consignment store later in the week when I was with an "Out" Block. Other items went into a large bag for donation to an agency I support in town.

What I had been avoiding since the last time I organized my closet I faced head-on: I tried on every pair of slacks and crop pants in there. Before I started this part I took a deep breath, put on some dancing music, gave myself a limited amount of time and got working.

Like a good gardener I kept weeding and weeding. My collection of 12 pairs of black pants got reduced to four, four that I will actually wear, rather than just taking up valuable real estate in my closet.

With bags removed from the bedroom and brought downstairs I took a look at my leftover hangers: TWELVE, plus additional ones that I used for pants.



Perfect.

No need to go out and buy more hangers.

Let me know what small decluttering task (with boundaries) can you attack this month? Send me a note and/or picture of your weeding project to Sue@SueCrum.com.

#### SPECIAL OFFER:

# End of Summer Special!

Kick-start your way to more success, more calm, and better focus this fall!

Sign up for the Rapid Response Program: 8 weekly private coaching sessions by phone to get your life, your home or your business back on track.



Invest by 8.31.15 and make your Fall Fantastic!

Space is limited - room for only six people.

Cost: \$497 Results: Priceless!

Send an email to Sue@SueCrum.com and put in the Subject Line: "Please contact me about the Rapid Response Program."

UPCOMING PUBLIC EVENTS:

Summertime is the perfect time for rest, relaxation, fun and weeding!

#### **FUN. FAMILY & FRIENDS**

I hope your summer is going spectacularly.

For the first time in a long time I have relished in the replenishing features of summer. The long days, the sunsets, the walks into town, and just listening to the voices of summer, children chatting with excitement and enthusiasm, couples holding hands and talking in low

voices, people in general just

behaving happier, or so it has

There's a simple quality to summer.

Dress is more casual: meals are more relaxed; the living really does feel easier.

Along the way this summer I invested in this cup for my morning tea; it seemed to sum up my view of summer quite well.

Below, here's Lucky Louie enjoying the simple things of summer



through the sunroof of my car!

My husband and I hosted another Crummy Reunion for his crummy relatives. I think this was the 16th Annual or 17th Annual; the years are starting to blur.



My crummy in-laws from Colorado gifted us with a beautiful hydrangea plant when they arrived from the Denver area. I have so enjoyed it and even though they have returned to their mountain state the plant is carrying on nicely.

# Ready, Set, G.O. -Get Organized!

Tuesday, August 18 3:00 - 5:00 p.m. Rancho Bernardo Library Cost: Free!

Click here and enter class #726 for more information and to register.

I love speaking to groups. If your organization, association or company is looking for a motivational speaker to inspire your audience to better productivity and improved focus, contact me at 760.803.2786 or Sue@SueCrum.com.

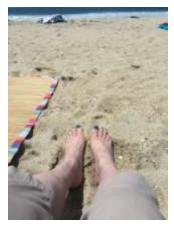
### **CLEAR YOUR CLUTTER:**

I am so excited that my book reached #1 **International Best Seller** and #1 Hottest New Releases!!



Autographed copies of Clear Your Clutter: 50 Ways to Organize Your Life. Home or Business So You Can Become More Calm. Focused & Happy are now available on my website at www.SueCrum.com.

In years past I have had hydrangeas from time to time but this plant seems to be enjoying summer as much as I am. It is relaxed, healthy and happy. I'm taking my cue from it.





Hoping the rest of your summer is relaxed, healthy and happy.

Enjoy!



Sue Crum

Speaker, Professional Organizing Coach and Author of Clear Your Clutter 50 Ways to Organize your Life, Home or Business So You Can Become More Calm, Focused & Happy

760.803.2786

I help busy people turn their house into a home, make better use of time and space and get organized for good.

"Clear Your Clutter" on Amazon.com

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Just \$19.99, includes tax, shipping and handling. Click here to order.

If you don't want an autographed copy, or you'd like the Kindle version, click here.

# FAVORITE QUOTES OF THE MONTH:

"Everyone has enough weeding to do in their own garden." - Flemish proverb

"Be careful what you water your dreams with. Water them with worry and fear and you will produce weeds that choke the life from your dream. Water them with optimism and solutions. and you will cultivate success. Always be on the lookout for ways to turn a problem into an opportunity for success. Always be on the lookout for ways to nurture your dream." -Lao Tzu

"It's not the daily increase but daily decrease. Hack away at the unessential." - Bruce Lee